**Cooking Class Info**

Each Tuesday, Thursday and **WEDNESDAY EVENINGS,** we will have a small cooking class that clients can choose, as one of their activities, to sign up to participate in. We ask that the client only participates once that week as to give others the opportunity who attend a different day.

Clients and their staff will follow and make a small recipes for the group to enjoy. I know in previous years they were ambitious and did a 5-course meal but we will **not** be doing that. We will prepare a small recipe such as;

Tacos, Hot dogs and mac and ch., cupcakes, spaghetti, cookies, cakes, casseroles, salads etc. This is not a replacement for Dinner but a sample and opportunity to work in group, participate, socialize, practice cutting, following directions, kitchen safety, learn nutrition etc. We always take suggestions for fun multi step recipes that gives everyone to opportunity to participate in! Send your suggestions our way!

**Group will clean up and leave the kitchen as they found it!**