Shopping for Cooking Class Information

Each Monday a group will go to the grocery store and pick up all the ingredients/supplies for that week’s cooking class. (I will supply the list)

Clients love this opportunity to practice their social skills and independence by locating such items in the market, checking things off their list and making the purchases.

The van will then stop for anyone needing to purchase their lunch and proceed to put grocery’s away and have lunch.

(The van/group) will have autonomy to decide if they want to eat at program or take their lunches along and eat somewhere else on a community outing like a pavilion at a park, down by the river etc.